



Melfort 2022 Programs/Dates/Times

A. Hockey School:

a. U9 Hockey School Schedule (Aug. 15-18) Melfort

(18 Skaters)

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|---|-------------------|
| i. 15 th : (8:00am-9:00am) | (10:30am-11:30am) |
| ii. 16 th (9:15am-10:15am) | (11:45am-12:45pm) |
| iii. 17 th : (8:00am-9:00am) | (10:30am-11:30am) |
| iv. 18 th (9:15am-10:15am) | (11:45am-12:45pm) |

b. U11 Hockey School Schedule (Aug. 15-18) Melfort

(18 Skaters)

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|--|-------------------|
| i. 15 th (9:15am-10:15am) | (11:45am-12:45pm) |
| ii. 16 th : (8:00-9:00am) | (10:30am-11:30am) |
| iii. 17 th (9:15am-10:15am) | (11:45am-12:45pm) |
| iv. 18 th : (8:00-9:00am) | (10:30am-11:30am) |

B. Position Camp:

1.

a. D-man camp U13/U15 Melfort:

ii. August 27th:

1. 9:30 – 10:45 am
2. 3:00 – 4:15 pm

iii. August 28th:

1. 9:30 – 10:45 am
2. 3:00 – 4:15 pm

C. Conditioning Camps:

a. U18

Sept. 6th – Sept. 9th (Melfort)

- i. 8:15 – 9:15 pm

b. U15

Aug 29th – Sept. 1st (Melfort)

- i. 7:15-8:15 pm

Sept. 6th – Sept. 9th (Melfort)

- i. 7:00-8:00 pm

c. U13

Aug 29th – Sept. 1st (Melfort)

- i. 6:00-7:00 pm

Sept. 6th – Sept. 9th (Melfort)

- i. 5:45-6:45 pm

Sept. 14th & 15th

- i. 6:00-7:00 pm (Melfort)

D. Power Skating:

a. Sept. 10

- i. 8:00-8:45 (U7)
- ii. 8:45-9:30 (U9)
- iii. 9:45-10:45 (U11)
- iv. 1:30-2:30 (U13/U15)

b. Sept. 17, 24, Oct. 1 and 8

- v. 1:00-1:45 (U7)
- vi. 1:45-2:30 (U9)
- vii. 2:45-3:45 (U11)
- viii. 4:00-5:00 (U13/U15)